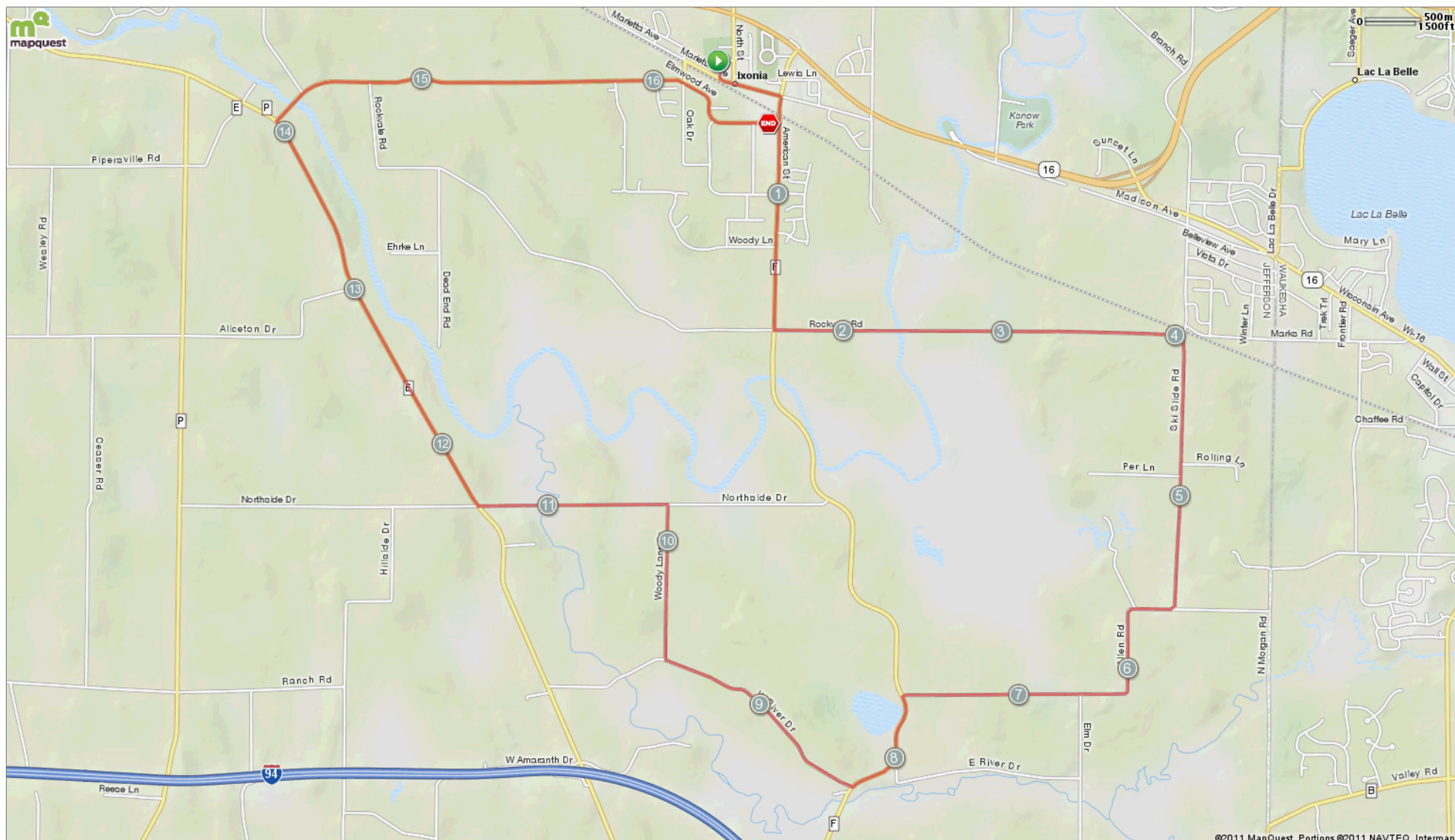


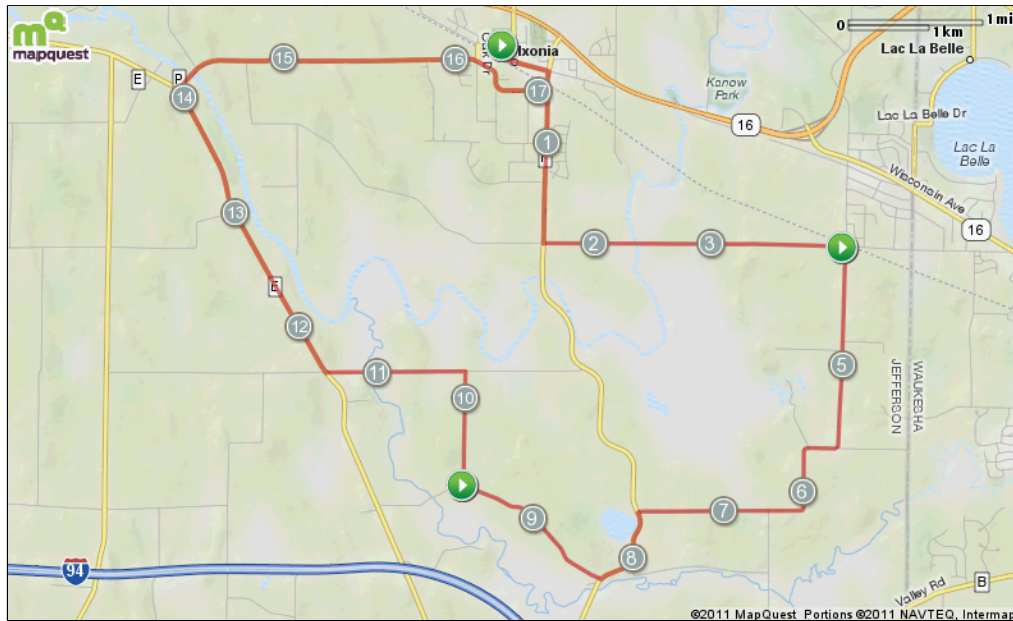
Lake Country Duathlon 10 16 11

Starts In Ixonia, Wisconsin

16.99 miles



Description



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 Find this route online at mapmyrun.com/routes/view/46574180
 Distance values on this map may differ slightly from values reported on the route engine.

Notes		
AT	FOR	NOTES
START	554ft	Head south on Park St toward Marietta Ave
0.1 mi.	1850ft	Turn left onto Marietta Ave
0.46 mi.	924ft	Turn right onto County Rd F
0.63 mi.	1mi 1127ft	Head south on County Rd F toward Winterberry Ln
1.84 mi.	18ft	Head north on County Rd F toward Rockvale Rd
1.85 mi.	2678ft	Turn right onto Rockvale Rd
2.35 mi.	1mi 3775ft	Head east on Rockvale Rd toward Ski Slide Rd
4.07 mi.	33ft	Head east on Rockvale Rd toward Ski Slide Rd
This segment shows 4.08 mi. (21,519 ft.) of your route.		

Notes		
AT	FOR	NOTES
4.08 mi.	1mi 3315ft	Turn right onto Ski Slide Rd
5.7 mi.	750ft	Slight right onto Allen Rd
5.85 mi.	1mi 904ft	Head west on Allen Rd toward Elm Dr
7.02 mi.	3311ft	Head west on Allen Rd toward County Rd F
7.64 mi.	3578ft	Turn left onto County Rd F
8.32 mi.	78ft	Turn right onto W River Dr
8.34 mi.	5127ft	Head west on W River Dr
9.31 mi.	1691ft	Head northwest on W River Dr toward Woody Ln Dr
9.63 mi.	1661ft	Turn right onto Woody Ln Dr
This segment shows 5.87 mi. (30,974 ft.) of your route.		

Notes		
AT	FOR	NOTES
9.94 mi.	3201ft	Head north on Woody Ln Dr toward Northside Dr
10.55 mi.	1mi 180ft	Turn left onto Northside Dr
11.58 mi.	24ft	Turn left onto County Rd E
11.59 mi.	1mi 1361ft	Head northwest on County Rd E toward Northside Dr
12.84 mi.	1mi 1492ft	Head northwest on County Rd E toward Aliceton Dr
14.13 mi.	29ft	Turn right onto Co Rd P
14.13 mi.	3289ft	Head northeast on Co Rd P toward Hustisford Rd
14.76 mi.	1mi 1155ft	Head east on Co Rd P toward Woody Ln
15.97 mi.	2535ft	Head east on Co Rd P toward Woody Ln
16.45 mi.		Head southeast on Co Rd P/ Elmwood Ave toward Cedar Dr
This segment shows 7.11 mi. (37,560 ft.) of your route.		